

	Class:	Venue:	Time:
Monday:	Fitness Pilates	Benenden Village Hall	8.10-9.10pm
Wednesday:	Fitness Pilates	Sandhurst Old School Hall	10.45-11.45am
Friday:	HI-LI* Fitness Circuit (* high intensity; low impact)	Iden Green Pavilion	9.15-10am
	Fitness Pilates	Iden Green Pavilion	10.20-11.20am