

	Class:	Venue:	Time:
Monday:	Barre Fitness	Sandhurst Old School Hall	9.15-10am
	Fitness Pilates	Benenden Village Hall	8.10-9.10pm
Wednesday:	Barre Fitness	Sandhurst Old School Hall	10.45-11.30am
	Fitness Pilates	Sandhurst Old School Hall	11.40am-12.40pm
Friday:	Kettlercise	Iden Green Pavilion	8.10-9am
	HI-LI* Fitness Circuit (* high intensity; low impact)	Iden Green Pavilion	9.15-10am
	Fitness Pilates	Iden Green Pavilion	10.20-11.20am